



Available on iTunes

V3.4

iOS 11 & up

Universal app

Now a universal app for happiness.

Always improving

Update cycle for continuous improvements.



WHAT PRICE HAPPINESS? :- Well apparently only \$0.99 !

I know what you're thinking... "Really? Yet another 'Make me happier app' as if there were not enough apps to make me feel better as it is!"

Well, this is different... and I will stop you right there, because this is based on research conducted in CBM (Cognitive Bias Modification) that has shown under test to produce a more positive mental outlook.

Warning :- if you enjoy being sad and unhappy this app may not be for you! However, you may consider it a challenge.

Negative comments about the Happiness Trainer will be interpreted as unsuccessful utilization of the benefits of the application; you need to use it more than you are at present.

For best results use for 10 minutes a day for a few weeks and then top up as required for a Happiness boost.

For negative results, feel free to purchase the app - but don't use it.



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